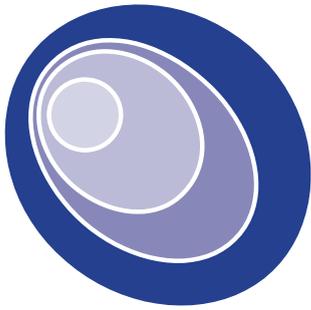


Systems-Centered® Training Workshops

An Innovative Approach to Integrating Differences in the Context of Change



18-21 January 2016

Stockholm, Sweden

*Led by Susan P. Gantt, Ph.D.
with Sven-Erik Viskari, BA and Erika Ekedal, MSc*

Functional Subgrouping: Resolving conflicts and building a system that uses differences as resources for work

The human challenge is how to integrate differences rather than avoid them or stereotype them or convert them or scapegoat them. Functional subgrouping introduces a method for containing the two sides of every conflict so that the differences can be explored and integrated. This lowers scapegoating and enables a different group climate, one more compatible with the conditions that facilitate exploration, openness and the neuroception of safety. Differences then become resources rather than problems.

Communications That Work: Taking the noise out of "talk"

Every communication contains both information and noise. The more noise in a communication, the less the message is received. SCT teaches skills for filtering the noise out of "talk" so the message gets heard.

From Personalizing to Systems-Centered: Not taking things just personally

Personal habitual roles hijack us to past conflicts. Functional roles enable us to live in the present. In the present, we can contribute to the systems that matter to us and we can learn to see ourselves in context, not in isolation or just personally. Supporting the system's goals increases our personal satisfaction and decreases the anguish that comes from personalizing.

Building a Systems-Centered Group

18-20 January 09.00 – 17.00

Workshop Design

This workshop offers two levels of training: the Foundation Level and the Intermediate Level. Both Foundation and Intermediate members will work in their own small groups and have an opportunity to observe each other's groups.

The Foundation Group

For members new to SCT and those wanting to develop their SCT skills in building a systems-centered group.

The Intermediate Group

With endorsement from their SCT training group leaders, members will work in an SCT group to explore the dynamics in each of the phases of system development.

Container Training

A step towards leadership for intermediate and advanced members. Members will join the Foundation Group experiential sessions in the Container role, with process time in between sessions. If you are interested in Container Training, contact Rowena Davis (rdavis@rdaconsulting.net) who is leading the Container Training.

If you need assistance in determining whether the Foundation or Intermediate Group or Container Training is the better training context for your work, contact Susan Gantt at sgantt@systemscentered.com or Sven-Erik Viskari at sven-erik.viskari@telia.com

Teams in Conflict: A Practical Approach

21 January 09.00 – 17.00

SCT sees team development as a function of the team's ability to integrate its differences and use differences as resources rather than avoid them or stereotype them or convert them or scapegoat them. Systems-centered's functional subgrouping contains the two sides of every conflict so that the differences can be explored as resources. This lowers scapegoating and enables a different group climate that helps teams develop from simpler to more complex.

Register by 5 December for discount

Systems-Centered Training Workshops *for clinicians, consultants, managers, leaders and curious people*

Systems-Centered Training (SCT®) introduces:

- functional subgrouping as a method for resolving conflicts
- alternatives to noisy communication
- how to move from self-centered to systems-centered

REGISTRATION INFORMATION

Registration:

Contact Erika Ekedal at swedenworkshop@gmail.com or +46 (0)70 749 55 16

When:

09.00 – 17.00 each day

18-20 January

Building a Systems-Centered Group

21 January

Teams in Conflict: A Practical Approach

Where:

Grillska Huset

The Conference Apartment

Stortorget 3, Gamla Stan/Old Town, Stockholm

Phone +46 8 78 78 645

Fees:

Early registration by 5 December:

1 Day workshop 2100 SEK

3 Day workshop 5800 SEK

1+3 Day workshops 7100 SEK

Registration after 5 December:

1 Day workshop 2500 SEK

3 Day workshop 6800 SEK

1+3 Day workshops 8300 SEK

Discounts for Svenska SCT-föreningen members:

100 SEK for 1 Day workshop

200 SEK for 3 Day workshop

300 SEK for 1+3 Day workshops

Questions:

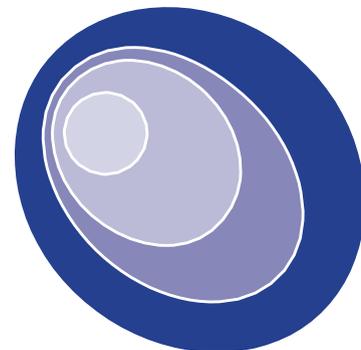
Contact **Susan Gantt** at sgantt@systemscentered.com or (001) 404 261 5559, ext. 1 or **Erika Ekedal** at swedenworkshop@gmail.com or +46 (0)70 749 55 16

WORKSHOP LEADERS

Susan P. Gantt, Ph.D., is Director of the Systems-Centered Training and Research Institute and a licensed SCT Practitioner based in Atlanta, USA. She consults and trains internationally and previously coordinated group psychotherapy training for Emory University School of Medicine. She has co-authored several texts with Yvonne Agazarian.

Sven-Erik Viskari, BA, is a licensed psychologist and psychotherapist who also works with team building, group development and coaching of leaders. He holds a position as OD consultant on part-time with a company that provides occupational healthcare and works in private practice with a mix of clinical and OD work. He is also a licensed SCT Practitioner and a member of the Board of the Systems-Centered Training and Research Institute.

Erika Ekedal, MSc, is a licensed psychologist and organizational consultant who trains leaders and consultants, counsels individuals and groups, and manages change in organizations. Her experience includes teaching leadership and OD at Karolinska Institutet. Erika is a licensed SCT Practitioner and chairperson of the Swedish SCT Association, Svenska SCT-föreningen.



For more information on Systems-Centered Training, visit www.systemscentered.com

For more information on the Swedish SCT Association, Svenska SCT-föreningen, visit www.sctforeningen.com

Co-Sponsored by the Swedish SCT Association, Svenska SCT-föreningen